



Episode 3 Discussion Questions

1. What are three words you would use to describe the season of marriage we currently in?
2. How do we stay connected to one another throughout the day?
3. How much “time” are we currently communicating each day? Do we feel good about this?
4. What do I do that allows you to feel heard?
5. When do you feel valued by me?
6. When do you feel most connected to me?
7. What makes you feel safe?
8. Do we have a date night planned? If not, when can we put a date night on the calendar?
9. What is something you have learned about me recently that you did not know or has stood out to you?
10. Do you feel like we have maintained our individuality well even though we are married?
11. Do you feel safe to enter deep and vulnerable conversation with me?
12. Are you an external or internal processor?
13. What is something that is weighing on your heart right now?
14. What is something we do together that is just “fun?”
15. Are we prioritizing playing and having fun together in our marriage?
16. What is the most fun date we have ever done?
17. What is one date you have always wanted to do together?