



20 Food Themed Family Conversation Starters

What is your favorite
cereal?

If you could only eat five foods
for the rest of your life, what
would you choose?

What is your favorite food?

Who is the best cook in
our family?

What is your favorite
restaurant?

What is your favorite meal
of the day?

What is your favorite
dessert?

If you could only pick
one pizza topping, what
would it be?

What is your favorite pizza?

What is your favorite
ice cream flavor?

Do you like to help cook?

Do you like it when we
eat at home or eat out?

What is a food you like other
people think is “weird?”

If you could only eat one type
of food for the rest of your life,
what would you choose?

What is one food you hate?

What is the most interesting
food you have eaten?

What toppings do you like to
put on your burger?

How do you like your
eggs cooked?

Do you like pancakes
or waffles?

Do you like spicy foods?

When you're ready to get away for one-on-one time with your
spouse, check out our Marriage Retreats.

marriage.winshape.org/retreats