



Episode 8 Discussion Questions

1. In parenting our children, have we ever run across times when we had differing parenting opinions? How did we handle that?
2. What is our “end goal” for our children?
3. How were you raised? How was I raised? How were our childhoods similar and/or different?
4. What parts of our childhood and how our parents raised us do we want to bring into our home with our children?
5. What routines are important to our family?
6. Do we think our children feel safe to make a mistake in our family?
7. Have we ever had conflict in front of our kids? Did we do so well or is this something we can improve upon?
8. Did you see your parents have conflict? Did they do conflict well or not so much?
9. Do we prioritize our marriage above our children? Do our kids know and see that?
10. What does it look like to take care of you, so you can be the best version of you?
11. Do we truly feel our parenting is a team effort?