

Episode 9 Discussion Questions

- 1. What boundaries do we currently have in place with our parents?
- 2. Are there any boundaries we need to implement with our parents? What feels healthy and doable for us?
- 3. Have we ever set a boundary with our parents/in-laws where we did not deliver the information well? Is there room to reconsider how we share information with our parents/in-laws?
- 4. Would you want to read the book, "The Unexpected Legacy of Divorce?"
- 5. What does it look like to "attack the issue not each other?"
- 6. Have we ever shared with one another what we remember about how money was talked about/handled in our homes growing up?
- 7. Would you be interested in taking the Money Habitudes personality profile?
- 8. What do we want our story to be when it comes to money?
- 9. What is your love language?
- 10.If I were going to give you a gift that would make you go, "Ah!", what would that be?
- 11. What is something you enjoy doing "for you?"
- 12. Do you feel that you have other healthy friendships in addition to our marriage relationship and friendship?
- 13. What is something you are working on, something you want to get better at that I can support you in?
- 14. What is something I have done recently that you have noticed is worth celebrating?
- 15. Think back to a recent conflict we had—next week, next month...is this going to matter?

- 16. What are a few things that are "mountains?" What are a few things that are "molehills?"
- 17. What are some warning signs for you to pay attention to that means you are not in the best place for a healthy discussion?