



Episode 7 Discussion Questions

1. When you hear the word, “intimacy,” what first comes to your mind?
2. Have you ever thought about the difference between being sexually active and sexually intimate?
3. Have you considered before how we engage with each other outside the bedroom impacts how we engage with each other in the bedroom?
4. Are we good about implementing “couch time?” How can we grow in this area?
5. “Women like to process life together and men like to do life together.” Do you agree with this statement? Do you relate to it?
6. What draws you into intimacy? What makes you feel distant?
7. How do we meet each other’s needs? How do we navigate our needs realistically in our current season of marriage?